

## Lending Library - Parent Resource Book List

\*This lending library is available to all Summerside Parents. To borrow a book, please contact the school's Library Technician, **Bahar Rezaei** at **bahar.rezaei@ocdsb.ca**. Please include the title of the book you wish to check out and the name of your child and their teacher in your email. Books can be checked out for two weeks at a time, and are able to be renewed.\*

Changeable: how collaborative problem solving changes lives at home, at school and at work	J. Stuart Ablon
Self-reg: how to help your child (and you) break the stress cycle and successfully engage with life	Dr. Stuart Shanker
The yes brain: how to cultivate courage, curiosity, and resilience in your child	Daniel J. Siegel
Brainstorm: the power and purpose of the teenage brain	Danile J. Siegel
Queen bees & wannabes: helping your daughter survive cliques, gossip, boys and the new realities of girl world	Rosalind Wiseman
How to talk so teens will listen & listen so teens will talk	Adele Faber & Elaine Mazlish
Calm, alert and learning: classroom strategies for self-regulation	Dr. Stuart Shanker
Raising human beings: creating a collaborative partnership with your child	Ross W. Greene
The school discipline fix: changing behavior using the collaborative problem solving approach	J. Stuart Ablon & Alisha R. Pollastri
Lost at school: why our kids with behavioral challenges are falling through the cracks and how we can help them	Ross W. Greene
The 5 love languages of children	Gary Chapman & Ross Campbell
Raising great parents: how to become the parent your child needs you to be	Doone Estey, Beverley Cathcart-Ross & Martin Nash
How to talk so kids will listen and listen so kids will talk	Adele Faber & Elaine Mazlish
Attachment-focused parenting	Daniel A. Hughes

Raising your spirited child	Mary Sheedy Kurcinka
Discipline without damage: how to get your kids to behave without messing them up	Dr. Vanessa Lapointe
Hold on to your kids: why parents need to matter more than peers	Gordon Neufeld
Parenting from the inside out: how a deeper self-understanding can help you raise children who thrive	Daniel J. Siegel
The whole-brain child: 12 revolutionary strategies to nurture your child's developing mind	Daniel J. Siegel
No-drama discipline: the whole-brain way to calm the chaos and nurture your child's developing mind	Daniel J. Siegel
How to talk so little kids will listen: a survival guide to life with children 2-7	Joanna Faber & Julie King
Raising boy: why boys are different - and how to help them become happy and well-balanced men	Steve Biddulph
The explosive child: a new approach for understanding and parenting easily frustrated, chronically inflexible children	Ross W. Greene
Changing the game; the parent's guide to raising happy, high-performing athletes and giving youth sports back to our kids	John O'Sullivan